

Fueling Success in the School Day



Photo: Local Apples at Kalispell Public Schools



The Montana Office of Public Instruction (OPI) School Nutrition Programs administers eight U.S. Department of Agriculture (USDA) Child Nutrition Programs:

- National School Lunch Program
- School Breakfast Program
- Afterschool Snack Program
- Special Milk Program
- Summer Food Service Program
- USDA Food Distribution Program
- Fresh Fruit and Vegetable Program
- Montana Team Nutrition Program, including Farm to School

School Nutrition Programs reimburses schools, distributes USDA Foods for meals served to children, teaches workshops for school personnel, ensures that schools implement federal regulations, and provides nutrition education for students.

Sponsors include: public and private schools; government agencies; and nonprofit residential child care institutions, organizations, and camps.

VISION

To help every student succeed through equal access to nutritious and sustainable sources of food.

MISSION

To ensure that schools serve healthy meals, promote active lifestyles, and provide nutrition education through the USDA's Child Nutrition Programs.

CONTACT INFORMATION

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PRIORITIES

integrity

access

healthy communities

customer service









-technology-

ADMINISTRATIVE REVIEW AND TRAINING (ART) GRANT \$1,549,279

School Nutrition Programs addresses the integrity of programs by upgrading, integrating, and enhancing the comprehensive Child Nutrition system platform.

Enhanced and increased utilization of the Child Nutrition program strengthens the integrity of systems by including:

- Notifications and alerts of reporting deadlines for state and local staff
- Centralized records management for sponsor data
- A compliance calendar for improved activity tracking
- Menu planning and meal compliance software
- Ease in transfer of eligibility data from the Direct Certification Application to district point of service systems

TECHNOLOGY INNOVATION GRANT (TIG) \$1,730,656

School Nutrition Programs support successful program operation at the state and local level by providing:

- Improved connectivity for state staff while conducting compliance reviews in the field
- A new Direct Certification Application to ensure that eligible students receive free school meals through a streamlined, more accurate process
- Enhanced menu planning for districts
- Improved procurement monitoring
- Streamlined reporting with use of ad hoc data searches

-integrity-

ADMINISTRATIVE REVIEWS

Administrative Reviews ensure school districts operate programs according to the rules set by Congress.

School Nutrition Programs completed 87 Administrative Reviews in 2019.

All school districts are reviewed every five years beginning SY 2019-2020

SUMMER FOOD SERVICE PROGRAM REVIEWS

Summer Food Service Program Reviews ensure school districts operate programs according to the rules set by Congress. **37** Summer Food Service Program Reviews were completed in Summer 2019.

All sponsors are reviewed every three years.



FREE AND REDUCED-PRICE MEAL BENEFITS

In Montana, **66,984** out of a total **152,774** students (43.8%) qualified for free and reduced-price meals.

DIRECT CERTIFICATION FOR FREE MEALS

Direct Certification is the process that identifies students already enrolled in eligible assistance programs (SNAP, TANF, FDPIR, Foster, Homeless, Migrant, Runaway) as qualifying for free school meals.

57.8% of students approved for free and reduced-price meals at school qualify based on Direct Certification.

COMMUNITY ELIGIBILITY PROVISION (CEP)

Schools with a high rate of Direct Certification are eligible to provide free meals to all students.

157 Montana schools participate in CEP.

-healthy communities-

FARM TO SCHOOL

54.8% of Montana school districts participate in Farm to School activities.

EQUIPMENT GRANTS

23 capital equipment grants were awarded to local schools by the OPI for a total of \$67,600.

SCHOOL WELLNESS POLICIES

All school districts are required to have a School Wellness Policy that includes input from school staff, administration, school board officials, parents, food service staff, and students.

SMART SNACKS IN SCHOOLS

Smart Snacks in Schools regulations ensure that foods sold during the school day meet healthy guidelines.

-customer service-

PROFESSIONAL STANDARDS

94 hours of continuing education provided by MT Team Nutrition Program

78 hours of continuing education provided by OPI School Nutrition Programs

REGIONAL OPI AND TEAM NUTRITION STAFF

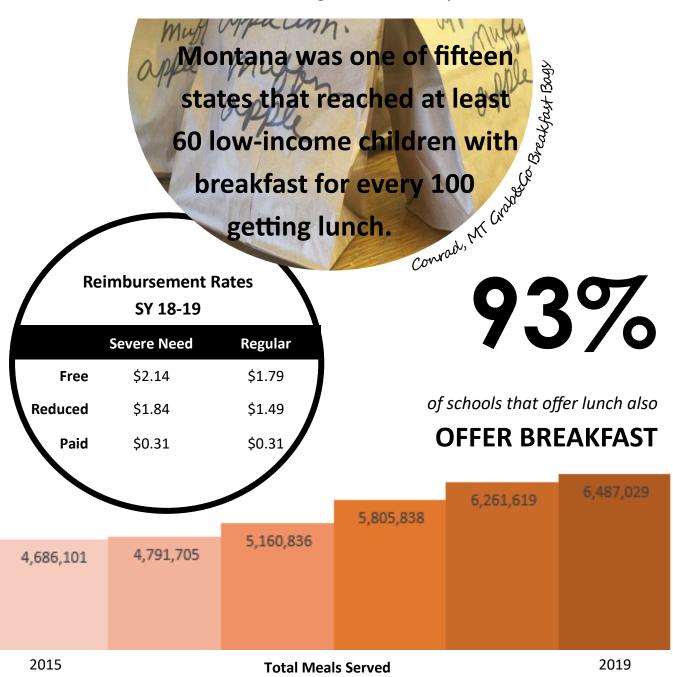


PROGRAMS

| | DISTRICTS/ SPONSORS | SITES |
|-----------------------------------|------------------------|-------|
| School Breakfast Program | 231 | 749 |
| National School Lunch Program | 252 | 805 |
| Fresh Fruit and Vegetable Program | 123 | 168 |
| Afterschool Snack Program | 101 | 243 |
| Special Milk Program | 11 | 14 |
| USDA Foods | 252 | _ |
| Summer Food Service Program | 92 | 267 |
| MT Team Nutrition | ALL | ALL |

SCHOOL BREAKFAST PROGRAM

The School Breakfast Program provides reimbursement for breakfasts served to students during the school day.

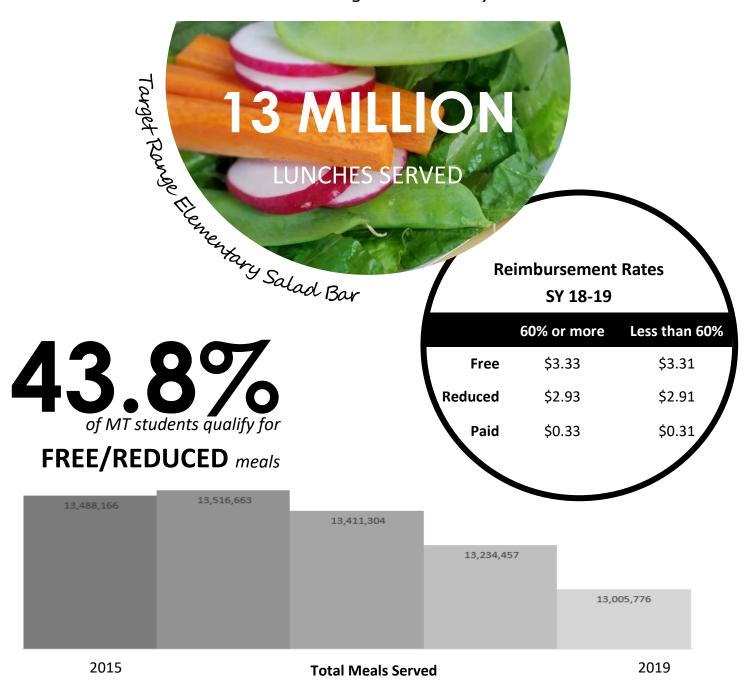


36,039 (23.5% of eligible)

STUDENTS EAT BREAKFAST AT SCHOOL EACH DAY

NATIONAL SCHOOL LUNCH PROGRAM

The National School Lunch Program provides reimbursement for lunches served to students during the school day.



72,254 (47% of eligible)

STUDENTS EACH LUNCH AT SCHOOL EACH DAY

FRESH FRUIT & VEGETABLE PROGRAM

The Fresh Fruit and Vegetable Program (FFVP) provides funds to elementary schools for fresh fruit and vegetable snacks during the school day.

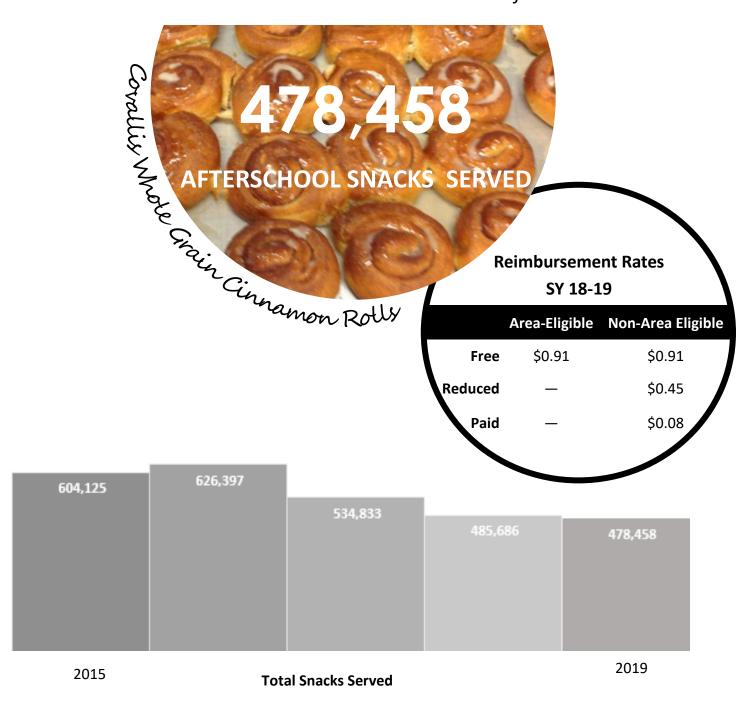


36,474

STUDENTS HAVE ACCESS TO FFVP

AFTERSCHOOL SNACK PROGRAM

The Afterschool Snack Program provides snacks to students in education and enrichment activities after school.

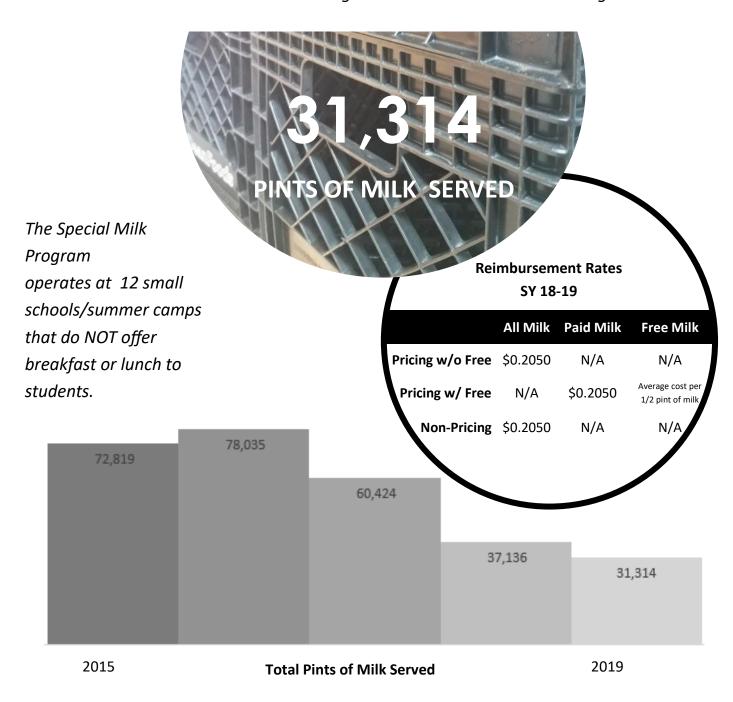


2,658

STUDENTS EAT A SNACK AFTER SCHOOL EACH DAY

SPECIAL MILK PROGRAM

The Special Milk Program provides reimbursement for milk served at schools that do not offer the National School Lunch Program or Summer Food Service Program.

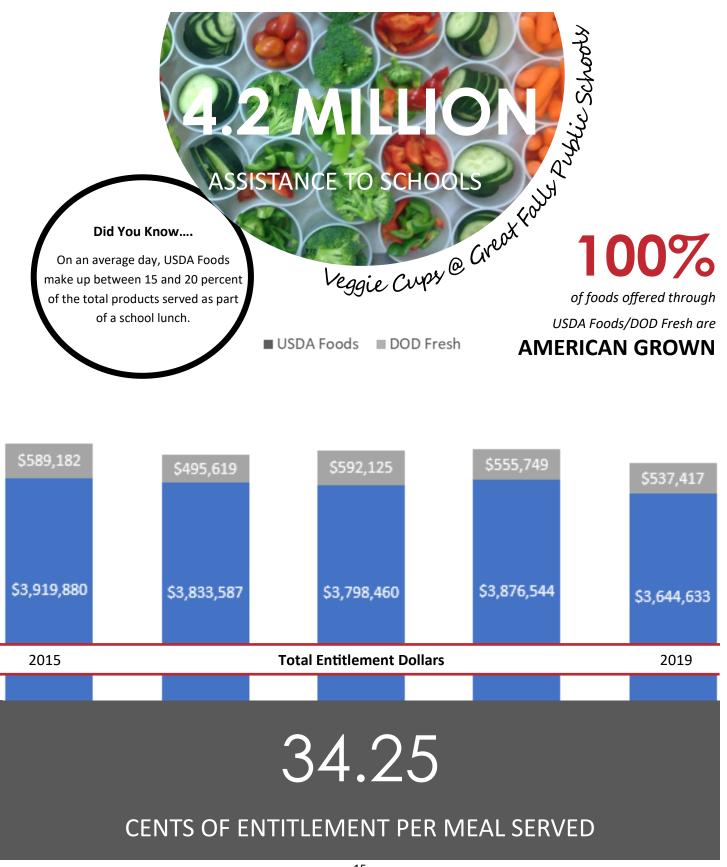


174

STUDENTS PARTICIPATE IN SPECIAL MILK PROGRAM EACH DAY

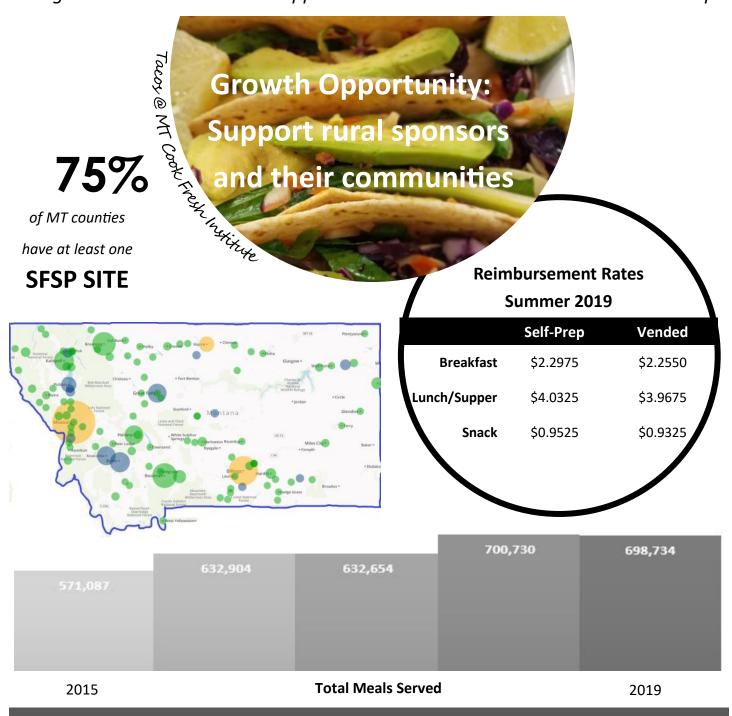
USDA FOODS and DOD FRESH

The USDA provides schools with USDA Foods and Department of Defense (DOD) Fresh Fruits and Vegetables for use in preparing school meals.



SUMMER FOOD SERVICE PROGRAM

The Summer Food Service Program proves free meals to all kids, age 18 and under, during the summer months. No application needed—all kids have to do is show up!



92 Sponsors at 267 Sites

Including schools, parks, pools, libraries, housing complexes and community centers

MONTANA TEAM NUTRITION

The Montana Team Nutrition Program provides professional development training opportunities and technical assistance on student wellness.

Montana Team Nutrition Provided:

 One week-long Montana Cook Fresh Summer Institute (32 hours) for 20 directors co-hosted with Montana No Kid Hungry; and one regional Montana Cook Fresh (4 hour) workshop providing culinary training with a focus on using fresh, whole foods.



- ♦ 3 Smarter Lunchroom workshops designed to teach participants the benefits of using behavioral economics which are low cost, no cost techniques for the school cafeteria to help nudge students to make healthier choices. Coordinated a Boost Brainpower with Breakfast project with 4 school districts in developing best practices for a quality school breakfast program. Developed a Smarter Breakfast Scorecard and a Build a Rainbow Salad Bar Checklist for implementing best practices in school nutrition programs.
- ◆ Co-hosted the 2018 MT Farm to School Summit in 2018 on September 13-14, 2018 at the University of Montana in Missoula. 198 school and community partners attended from 7 states and 47 Montana communities. The agenda provided 8 tours and courses, 15 breakout sessions from 52 presenters.
- ♦ 15 nutrition education, <u>Harvest of the Month</u> or farm to school workshops to school staff or community health partners in teaching student about food and nutrition. Coordinated a nutrition education project with 8 kindergarten teachers to determine the effectiveness of the <u>USDA's Discover My Plate</u> curriculum impact on nutrition knowledge and attitudes of kindergarten students.
- 5 district, regional or state level presentations on menu planning, food management topics, food safety, or personal nutrition.
- 9 regional or state level presentations on the USDA's school wellness policy and best practices (including adequate time to eat and recess before lunch) for creating a healthy school nutrition environment.
 Developed and distributed two Montana School Wellness in Action Newsletters. 37% of Montana elementary schools implemented a recess before lunch schedule during the 2017-2018 school year.
- 5 presentations or poster displays at national conference or via webinars to nutrition educators or foodservice professionals from around the nation on topics like behavioral economics, school wellness, farm to school.

94
HOURS OF CONTINUING
EDUCATION

1,878

SCHOOL /CHILDCARE STAFF OR COMMUNITY PARTNERS REACHED

(through Team Nutrition training and technical assistance)

MONTANA TEAM NUTRITION

Montana Farm to School focuses on local procurement, garden-based nutrition education, and community connections through agricultural partners.





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SCHOOLS & AFTERSCHOOL PROGRAMS **PARTICIPATED**

In collaboration with multiple partners, Montana Team Nutrition coordinated the Harvest of the Month (HOM) Program, which is a free year-long nutrition education and promotion program featuring one Montana food a month.

- 22,238 students from across Montana participated in HOM through monthly taste tests, educational activities, and enjoying delicious meals or snacks.
- \$422,058 was spent on local foods by HOM K-12 sites.
- 111 unique producers/vendors were listed by HOM sites. This means that schools are supporting their economy by buying locally.



Montana Team Nutrition lead the annual Montana **Crunch Time** celebration on **October 24, 2018** by crunching into a locally or regionally grown apple at the same exact time across the state!

35.153 children and adults registered their 2018 crunch!

42.6% of Summer Food Service Programs participate in Farm to School activities.

54.8%

of school districts participate in

> **FARM TO SCHOOL**

> > efforts.

447

SCHOOLS PARTICIPATING IN FARM TO SCHOOL

Revenues and Expenses

MONTANA SCHOOL NUTRITION PROGRAMS

July 1, 2018- June 30, 2019

| INCOME | |
|---|--------------|
| National School Lunch Program Meals | \$28,540,964 |
| Afterschool Snacks | \$374,547 |
| USDA Foods Entitlement | \$4,182,050 |
| National School Lunch Program (lunches, snacks and commodities) | \$33,097,561 |
| School Breakfast Program | \$10,752,201 |
| Special Milk Program | \$6,739 |
| Fresh Fruit and Vegetable Program | \$2,017,765 |
| Summer Food Service Program | \$2,333,510 |
| Total Federal Funding | \$48,207,776 |
| Total State Matching Funds (minimum required by USDA policy) | \$660,496 |
| Total Federal and State Funding | \$48,868,272 |
| EXPENDITURES | |
| School Expenditures (food, labor, other) | \$60,314,428 |
| Federal and State Reimbursement | \$48,868,272 |
| Student, Adult Payments, General Fund, Other Sources | \$11,446,156 |



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To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Want to learn more about

School Nutrition Programs

in Montana?

VISIT:

opi.mt.gov/schoolnutrition

